



## The Red Brick Day Nursery Menu

Vegetarian, dairy free and vegan options available everyday.  
We cater for all food intolerance and allergies.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> Chicken in a black bean sauce with egg noodles Mixed peppers and carrots Healthy Flapjack	3 Bean fajitas with mixed salad Pear oat crumble with custard	Tina Pasta bake in a tomato sauce with mixed veg  Cornflake and syrup tart	Chickpea curry with peas and sweetcorn.  Shortbread fingers	Sausages with mashed potatoes and beans.  Yoghurts
<b>Week 2</b> 3 Bean chilli with rice, carrots and sweetcorn  Chocolate tiffin	Roast Gammon with roast potatoes, yorkshire puddings, broccoli and carrots. Yoghurts	Sweet and sour quorn pieces with egg noodles and vegetable medley Lemon sponge cake with custard	Salmon tagliatelle with peas and sweetcorn  Banana flapjack	Cheese, carrot and broccoli bake in a cheese sauce.  Gingerbread cookies
<b>Week 3</b> Sausage pasta tomato bake With sweetcorn  Yoghurts	Butternut squash risotto with mixed veg  Black cherry chocolate sponge with custard	Shepherd's pie with broccoli and carrots  Pear crumble with ice cream	Lentil Bolognese, diced carrots and mushrooms  Banana apple pudding	Fish fingers with mash and peas.  Chocolate courgette cake
<b>Week 4</b> Jacket potato with tuna and sweetcorn served with salad  Fruit jelly and crème fresh	Cauliflower mac and cheese with green beans  Lemon fingers	Jacket potato with cheese and beans  Jammy buns	Chicken curry with rice, peas and sweetcorn  Yoghurts	Stuffed sweet potato with curried chickpeas  Apple strudel and custard.
<b>Week 5</b> Chickpea and roasted red pepper pasta with mixed veg  Pineapple upside down cake with custard	Smoked haddock pasta with smoky pumpkin cream sauce butternut squash & sweetcorn  Apple Flapjack	Sweet and sour chicken with egg noodles with mixed peppers and carrots  Gingerbread cake.	Lentil cottage pie with vegetable medley and gravy  Creamy vanilla rice pudding	Ham and mushroom risotto with peas  Rice krispie cake/slices.